
Hidden Moments

Think about a time when you worked effectively with a team to get something done.

Use this table to quickly note down three experiences you have had.

1. Overview: Why were you there? What were you aiming to do?	2. Decisions: What steps did you take?	3. Skills: What skills did you use?
4. Light-bulb moment: What suddenly became very clear to you?	5. Lessons learned: What impact did this experience have on you or others?	6. Application: What two ways can you apply what you learned to other areas of your life?