

Emergency & After-hours services

<p>Crisis Care Support in a crisis such as child protection concerns, domestic violence, homelessness, or a need for urgent emotional support.</p>	<p>Metro: (08) 9223 1111 Country: 1800 199 008</p>
<p>Lifeline 24 hour and crisis telephone and online counselling.</p>	<p>Phone: 13 11 14 www.lifeline.org.au</p>
<p>Mental Health Emergency Response Line Emergency assessment and advisory service for mental health clients and their carers.</p>	<p>Phone: 1300 555 788</p>
<p>RuralLink Emergency assessment and advisory service for mental health clients and their carers in rural areas.</p>	<p>Phone: 1800 552 002</p>
<p>Samaritans 24-hour crisis telephone counselling</p>	<p>Helpline: 135 247 Youthline: 1800 198 313</p>
<p>Sexual Assault Referral Centre (SARC) SARC provides a 24-hour emergency service in metropolitan Perth. This involves medical care, a forensic examination and counselling support to people who have been sexually assaulted within the previous 14 days. SARC also provides counselling in centres across the Perth metropolitan area to people who have experienced sexual assault and sexual abuse in the past. SARC is a free confidential service. It is NOT part of the police, however SARC will support a person's decision to involve the police.</p>	<p>Phone: (08) 9340 1828 Free call number: 1800 199 888</p>
<p>Suicide Call Back Service The Suicide Call Back Service is a 24-hour, nationwide service that provides telephone and online counselling to people 15 years and over whom are suicidal; caring for someone who is suicidal; anyone bereaved by suicide. They provide immediate telephone counselling and support in a crisis and can provide up to six further telephone counselling sessions with the same counsellor.</p>	<p>Phone: 1300 659 467</p>

Relationships and general counselling or Psychotherapy

<p>Centrecare Centrecare delivers a wide range of counselling, mediation, support, accommodation, and training services from office locations in Perth, Mirrabooka, Joondalup, Carlisle, Bunbury, Kalgoorlie, and Esperance. Centrecare also provides a range of professional online counselling services.</p>	<p>www.centrecare.com.au</p>
<p>Anglicare WA Anglicare WA is a not-for-profit community service organisation assisting people with relationship issues, financial problems, and housing.</p>	<p>https://www.anglicarewa.org.au/</p>
<p>Relationships Australia Relationships Australia provide an extensive range of services including family and relationship counselling, marriage and relationships, education, mediation, and family skills training.</p>	<p>www.relationships.org.au</p>
<p>Women’s DV Hotline The Women’s Domestic Violence Helpline is a statewide 24-hour service. This service provides support and counselling for women experiencing family and domestic violence. This includes phone counselling, information and advice, referral to local advocacy and support services, liaison with police if necessary and support in escaping situations of family and domestic violence. The service can refer women to safe accommodation if required. A telephone- based interpreting service is available if required.</p>	<p>Phone: 1800 007 339</p>
<p>Men’s DV Hotline The Men’s Domestic Violence Helpline is a statewide 24-hour service. This service provides counselling for men who are concerned about their violent and abusive behaviours. The service can provide telephone counselling, information, and referral to ongoing face to face services if required. This service can provide information about accessing legal advice, accommodation and other support services for people who have been served with a violence restraining order. Information and support are also available for men who have experienced family and domestic violence. A telephone-based interpreting service is available if required.</p>	<p>Phone: 1800 000 599</p>

Mental Health Services

Centre For Clinical Interventions (CCI) CCI is a WA public health service offering cognitive behavioural therapy (CBT) for individuals suffering from anxiety disorders and depression. They also offer a program for eating disorders. Individual and group treatments are available. A referral from your GP or referral agency is required.	
MAITRI Mental Health Service (Multicultural Services Centre of WA) MAITRI provides mental health assessment, treatment and management, counselling, psychoeducation, and psychosocial intervention for people from culturally and linguistically diverse background	www.mscwa.com.au
Mental Health Services Government-based mental health services provide assessment and treatment for people with a mental illness. Clinics are located across the state and include the WA Transcultural Mental Health Service.	www.mentalhealth.wa.gov.au