

STUDENT HEALTH SERVICES

The Student Health Services seeks to assist students and staff with health care needs. The primary function of the service is to provide psychosocial and physical health support to students, so that they can achieve an optimal academic performance.

Health Services available

- General Practitioner consultations/Specialist referrals
- Sports medicine and treatment of sports injuries
- Immunisations, e.g. Health Science Students (Hepatitis B, Flu vaccine)
- Travel immunization and health advice – Yellow Fever approved centre (Joondalup only)
- Contraception advice – Implanon insertion
- PAP smears
- Pregnancy testing/Antenatal care
- Sexually Transmitted Diseases screening
- Minor surgery (e.g. removal of skin lesions and suturing)
- Electrocardiogram ECG
- Blood tests (e.g. Cholesterol, HIV and Hepatitis B)
- Diabetes and Asthma care
- Care plans
- Pre-employment medicals
- Counselling lifestyles, drugs and nutrition
- Diving medicals (Joondalup only)
- Nursing services
- Physiotherapy (Mount Lawley only).

Making an appointment

Every effort will be made to accommodate your preferred appointment time. Medical, Nursing and Allied Health consultations require an appointment.

Urgent medical problems will be triaged promptly.

All consultations provided by the Student Health Services are strictly confidential.

Payment

ECU enrolled full-time students who are Australian citizens or permanent residents and who hold a current Medicare card can be bulk billed.

ECU enrolled International students with a current active OSHC Worldcare or OSHC Medibank Private cover are direct billed to their health insurer.

Contact details

WEBSITE: ecu.edu.au/student/student-health

TELEPHONE: Joondalup (61 8) 6304 5618,
Mount Lawley (61 8) 9370 6814

JOONDALUP: Building 6, Level 2, Room 230

MOUNT LAWLEY: Building 8, Level 1, Room 109

ECU SOUTH WEST: This service is currently not available on the ECU South West campus.



OFF-CAMPUS SUPPORT

If you are studying off-campus, you are welcome to take advantage of ECU's on-campus support services as outlined in this brochure. You can contact the service via telephone or email to request assistance.

When contacting any of the support services, advise them that you are an off-campus student, particularly if you are studying off-shore, as it may be possible to arrange alternate support.

In addition, you may wish to look at the electronic tip sheets and information provided on the Counselling Service or Student Health Services websites.

Contact details

WEBSITE: *Support* → *Off Campus* in the Student Portal

TELEPHONE: (61 8) 6304 2990



SUPPORT SERVICES

Career Services
Counselling Service
Equity, Diversity and Disability Service
Multifaith Office
Student Health Services



GOT A QUESTION? ASK US!

www.askus.ecu.edu.au

At ECU, the health, well-being and overall success of all our students is our priority. The University provides the following **confidential** services to support you throughout your studies. These services are available for all ECU students, on all campuses.

EQUITY, DIVERSITY AND DISABILITY SERVICE

The Equity, Diversity and Disability Service provides a free, confidential service for students with a disability and/or medical condition, either permanent or temporary, which may affect various aspects of life at ECU.

Students who register with this service can receive help with:

- Alternative examination conditions
- Resource information and advice
- Liaising with academic staff
- Library services
- Access to some aids, software and equipment
- Interpreting services
- Note-taking and transcription services
- Guidance for students with regards to note-takers' roles and responsibilities.

Student can also contact the Equity, Diversity and Disability Service for assistance with an explanation of their rights and responsibilities under the *Equal Opportunity Act* and *Disability Discrimination Act*.

Please contact the Equity, Diversity and Disability Service to **register** as soon as possible to avoid any delays in the provision of assistance and resources.

Contact details

WEBSITE: Visit *Support* → *Student equity* in the Student Portal

EMAIL: studentequity@ecu.edu.au

TELEPHONE: (61 8) 9370 6960

JOONDALUP: Building 18, Level 4, Room 421

MOUNT LAWLEY: Building 3, Level 1, Room 128

ECU SOUTH WEST: Building 4, Level 1, Room 121



COUNSELLING SERVICE

The Counselling Service is a free and confidential service which provides professional, short-term counselling to students. Our Counsellors have postgraduate qualifications, as well as skills and experience in helping people with a wide range of personal, psychological and study-related difficulties.

What kind of issues can I discuss with a counsellor?

You can talk to a counsellor about anything that is causing you to feel worried or distressed. Some of the common difficulties that students face can include:

- Balancing study, life and work
- Time management
- Cultural adjustment and living away from home
- Anxiety and depression
- Difficulty studying, worrying about achievement
- Completing presentations and exams
- Problems in relationships with family, friends and partners

For some students, specialist support from other agencies may be required and a referral will be made by your counsellor after discussion with you.

Contact details

WEBSITE: www.ecu.edu.au/counselling

EMAIL: counselling@ecu.edu.au

TELEPHONE: (61 8) 9370 6706

JOONDALUP: Building 18, Level 4, Room 418

MOUNT LAWLEY: Building 3, Ground floor, Room 128

ECU SOUTH WEST: Building 1, Ground floor, Room 121

CAREER SERVICES

It is never too early to start thinking about your career! ECU Career Services provides free, professional career counselling and job search support to all current students and alumni (for up to 12 months following graduation).

How can ECU Career Services help me?

- Selection of majors/minors in line with your career goals
- Course counselling – when you're unsure the course you're studying is right for you
- Finding work opportunities – both whilst you're studying and once you graduate
- Job application skills including résumé and cover letter writing, selection criteria and interviews
- Career planning – when you're unsure what you can do with your degree or what sort of job you want
- Information about Graduate programs, vacation work, volunteering and internships
- Access to a range of services including online and hard copy resources, workshops, an online jobs board and one to one appointments

Our wide range of services are designed to assist with career and employment needs throughout the university journey; from helping to find employment and relevant work experience opportunities while studying, right through to planning the transition from university to working life.

Contact details

WEBSITE: ecu.edu.au/careers

EMAIL: careers@ecu.edu.au

TELEPHONE: (61 8) 6304 5899

JOONDALUP: Building 18, Level 1, Desk 14 in Student Central

MOUNT LAWLEY: Building 3, Level 1, Room 171

ECU SOUTH WEST: Building 1, Room 120

MULTIFAITH SERVICE

ECU supports spirituality and faith as an integral part of students' lives by seeking to create an inclusive community by valuing and respecting our various faiths and traditions. Our visiting chaplains are skilled professionals, recognised both within their own faith traditions and also within ECU.

The Visiting Chaplains provide a free and confidential service to all members of the ECU community through:

- Representations from different faith traditions
- Links to faith communities
- Opportunities to nurture, express and explore faith
- An environment of respect and cooperation in a world of many faiths
- A multifaith focus for spiritual life on campus
- Space on campus for prayer/reflection
- A place where students can drop by for a chat

Visiting Chaplains

Visiting Chaplains are available on campus part-time and come from a range of religious traditions. Please check their availability on the Multifaith Service website.

Contact details

WEBSITE: Visit *Campus Life* → *Campus facilities* → *Multifaith service* in the Student Portal

TELEPHONE: 134 ECU (134 328)

JOONDALUP: Please check the website for contact details of all Visiting Chaplains.

MOUNT LAWLEY: Please check the website for contact details of all Visiting Chaplains.

ECU SOUTH WEST: As there is no visiting chaplain located on the ECU South West campus, please contact the chaplains on another campus if you would like assistance, as they will be able to get you in touch with a chaplain in your area.

